

GLEN ROCK PUBLIC SCHOOLS

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Superintendent of Schools
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August 31st, 2022

Dear Glen Rock Community,

We have updated our COVID-19 plans for the 2022-2023 school year to reflect recent updates on COVID-19 guidance from the CDC, which eliminates some recommendations from last year. You can click [here](#) to see a summary of the changes for this school year.

Highlights of the plan include:

- Positive COVID-19 cases must still be reported to your child's school nurse. The district will be monitoring for outbreaks or clusters of cases. If your child has COVID-like symptoms, which are listed below, we recommend they be tested for COVID-19.
 - At least **two** of the following symptoms: fever (measure or subjective), chills, rigors (shivers), myalgia (muscle aches), headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose; **OR**
 - At least **one** of the following symptoms: new or worsening cough, shortness of breath, difficulty breathing, new olfactory disorder, new taste disorder.
- District contact tracers will no longer be contact tracing to identify close contacts of individual positive cases. Please inform anyone you know that was in close contact (within 6 feet for 15 or more minutes within 24 hours) of your child if they test positive.
- There is no more quarantining of close contacts. If your child becomes symptomatic, please get them tested.
- There is no more Test to Stay.
- There is no more virtual learning. If students are home sick or have COVID-19, they should check with their teachers to make up for missed schoolwork, just as in pre-pandemic years.
- If your child tests positive for COVID-19, the district will require a doctor's note for your child to return to school prior to the conclusion of the 5 days of isolation due to a positive COVID-19 test.
- Masks remain optional.

If we receive any additional updates from the CDC or NJ Department of Health, we may make changes to these procedures.

Please contact your child's nurse, principal or healthcare provider should you have any questions.

We are Glen Rock Schools!

Sincerely,

A handwritten signature in blue ink that reads "Brett Charleston". The signature is written in a cursive, flowing style.

Brett Charleston, Ed.D.
Superintendent of Schools

C: Glen Rock Board of Education
 School Doctor
 Marilynn Bernstein, Glen Rock Board of Health